

# All Saints' Church in Wales Primary School



*Together **E**veryone **A**chieves **M**ore*

## Sun Protection Policy

Written: June 2015

Reviewed: July 2018

Revised: March 2021

Chair of Governors: John Caddick

Chair's Signature: .....

Headteacher: Eleri Williams

*The United Nations Convention on the Rights of the Child (CRC) is at the heart of our school's planning, policies, practice and ethos. As a rights respecting school we not only teach about children's rights but also model rights and respect in all relationships. This policy is linked to:*

**Article 3: Everyone who works with children should always do what's best for each child**  
**Article 6: You have the right to grow up to live and grow up to be healthy**

## **Sun Protection Policy**

The aim of the 'sun safety' policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun. At All Saints' C/W Primary School, we want staff and pupils to enjoy the sun safely.

We will work with staff, pupils, parents and guardians to achieve this through:

- Educating children throughout the curriculum about the causes of skin cancer and how to protect their skin.
- Encourage children to wear clothes that provide good sun protection.
- Hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged.
- Work towards increasing the provision of adequate shade for everybody.
- Encourage staff and parents to act as good role models by practising sun safety.
- Regularly remind children, staff and parents about sun safety through newsletters, posters, parents' meetings, and activities for pupils.
- Invite relevant professionals such as school nurses and health promotion officers to advise the school on sun safety

## **Sun Protection**

- Pupils to wear hats at all times when outside in the sun.
- Pupils should wear sun cream applied at home by parents.
- Teachers should make a judgement as to the temperature of classrooms and make internal arrangements to teach in cooler areas where possible.
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so.
- Where possible, all doors and windows should be opened to provide a through breeze and classroom blinds should be drawn.
- Physical education lessons should be carefully planned to avoid sun exposure, unnecessary exertion and dehydration. In extreme weather, outdoor PE lessons should not last for more than 20 minutes when children should be brought indoors, given time to rest and drink water.
- Annual Sports' Day will be determined by preceding days' climate. Again, children spectating should not do so for more than 20 minutes at a time and sun shelter should be provided.
- Pupils with Asthma, breathing difficulties or other relevant health conditions should avoid physical activities in extreme heat conditions.
- Parents, carers and children must be encouraged to follow these procedures at home.
- Staff must also ensure they drink water regularly and take precautions against the high temperatures.

## **Sunscreen**

Parents and guardians are encouraged to apply sunscreen prior to the start of the school day. Children are encouraged to bring sunscreen to school, this should be clearly labelled with their name and there should be opportunities for them to reapply throughout the day. Sun cream should not be shared with other children and staff are unable to apply sunscreen to individual pupils.

## **Sun Exposure Risks**

In rare cases, extreme heat can cause heatstroke. Symptoms to look out for are, cramp in arms, legs or stomach, feeling of mild confusion or weakness. If anyone has these symptoms, parents should be informed immediately.

If symptoms get worse or don't go away medical advice and support should be sought immediately.

If it is suspected that a member of staff or pupil has become seriously ill, an ambulance will be called. While waiting for the ambulance:

- If possible, move the person somewhere cooler.
- Increase ventilation by opening windows or using a fan.
- Cool them down as quickly as possible by loosening their clothes.
- If they are conscious, provide them water to drink.

## **Equality Impact Statement**

At All Saints' C/W Primary School, we recognise and celebrate the fact that British and Welsh society is made up of people from diverse backgrounds and life experiences and as such, seek to reflect this in all of our school policies. In accordance with the Equalities Act 2010 our policies and learning and teaching strategies fulfil the duties to promote equality for people with protected characteristics, and embed fairness and equality at the heart of our school community and in all aspects of our school plans and policies. Through this policy we seek to:

1. Eliminate discrimination, harassment and victimisation.
2. Advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it.
3. Foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

At our school, we aim to provide a happy, caring environment in which all children can feel confident and able to learn. We seek to foster an environment of mutual respect and support between all staff, pupils, parents and carers and the wider community and this is reflected in the content of each policy.

The school values and encourages involvement of people from all sections of the local community and through this involvement aims to provide positive images, role models and opportunities that challenge stereotyped thinking.